



Universal Entry Form

NAME OF RACE: SANTA 5K

___CASH/___CHECK PAYMENT

COST: \$_____ (See Race Reg. Page for specific Race Fee)...seashorestriders.com

NAME_____AGE_____

ZIP CODE_____. ___MALE ___FEMALE DIVISION NAME_____

E-MAIL_____CELL_____

T-SHIRT ___YSM, ___YMD, ___YLG, ___SM, ___MD, ___LG, ___XL

EMERGENCY CONTACT NAME & NUMBER_____

MEDICAL CONDITIONS TO SHARE WITH SS_____

WAIVER I know that competing in a Run/Walk can be a hazardous activity. I should not enter unless I am medically able and properly trained. Having read this waiver, I for myself and anyone acting in my behalf, waive, The Seashore Striders, The Seashore Strider Event Production, Inc. and all sponsors from all claims and liabilities resulting in my participation in this event. I give permission for the use of my name and photograph in connection with this event. Signature of parent/guardian required for children under 18.

Signature_____

PLEASE MAIL SO IT ARRIVES BY MONDAY OF RACE WEEK...T-Shirts are not guaranteed if received after Tuesday at 11 am.

MAIL TO:

Seashore Striders; C/O Tim Bamforth,

9 Gander Lane, Lewes, DE. 19958

