



Universal Entry Form



NAME OF RACE: _____ **CASH/CHECK PAYMENT**

COST: \$ _____ **(See Race Reg. Page for specific Race Fee)...**seashorestriders.com

NAME _____ **AGE** _____

ZIP CODE _____ **MALE** ___ **FEMALE** ___ **DIVISION NAME** _____

E-MAIL _____ **T-SHIRT** ___ **SM**, ___ **MD**, ___ **LG**, ___ **XL**

WAIVER I know that competing in a Run/Walk can be a hazardous activity. I should not enter unless I am medically able and properly trained. Having read this waiver, I for myself and anyone acting in my behalf, waive, The Seashore Striders, The Seashore Strider Event Production, Inc. and all sponsors from all claims and liabilities resulting in my participation in this event. I give permission for the use of my name and photograph in connection with this event. Signature of parent/guardian required for children under 18.

Signature _____

PLEASE MAIL SO IT ARRIVES BY MONDAY OF RACE WEEK...T-Shirts are not guaranteed if received after Tuesday.

MAIL TO: Seashore Striders; Tim Bamforth, 9 Gander Lane, Lewes, DE. 19958



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