

**Golden Knight Mud Run
Adventure Race
Saturday, April 28, 2018, 1:00 p.m.**

Course Description

The 5-kilometer (3.1 mile) course starts and finishes at the Sussex Central HS Athletic Field Complex. The race will weave through the fields and woods surrounding the school.

This is an un-timed race in which participants are challenged from start to finish in different obstacles and **LOTS OF MUD!** This is more about ***having the time of your LIFE*** instead of running for a fast time.

Entry Fee

\$25 Adult (13+) pre-registration until Apr 27, 2018, \$30 Adult on race day. \$20 Youth (12-) pre-registration Until Apr 27, 2018. \$25 Student on race day. T-shirts to all pre-registrants. Entry fee is non refundable. Proceeds benefit the SCHS Track & Field Program.

Registration and Packet Pick Up

You may register online at www.seashorestriders.com (find the *Golden Knight Mud Run*), or by mailing this registration form and payment to SCHS, or delivering the registration to SCHS. Packet pick up will be held the day of the event.

OFFICAL RACE ENTRY FORM

Enter all information below, including shirt size, and sign waiver, which is required to participate.

Name _____ Age _____ Male [] Female []
Address _____
City/State/ ZIP _____
Date _____ Email address: _____

Shirt Size (Check One): () YL () S () M () L () XL () XXL **ENTRY FEE ENCLOSED: \$ _____**

I would like to make an additional tax-deductible donation in the amount of \$ _____.

**Mail or Deliver Entry To: Golden Knight Mud Run, 26026 Patriots Way,
Georgetown, DE 19947**

Make checks payable to: Sussex Central High School. **MEMO:** Golden Knight Mud Run
(Drivers Lic. # & Phone # must be printed on the check)

E-mail for more information: derek.shockro@irsd.k12.de.us

RACE WAIVER – PLEASE READ AND SIGN TO PARTICIPATE

I know that running a road race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with running this event, including, but not limited to, any complications from the mud/course on clothing and person, any hazard that may be posed by spectators or volunteers, falls, contact with other participants, the effects of weather, traffic, and conditions of the course, all such risks being known and understood by me, having read this waiver and knowing these facts and in consideration of accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Indian River School District, Sussex Central High School, Town of Georgetown, sponsors and agencies and municipalities, their representatives, and successors for all claims or liability of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature of participant

Signature of parent/guardian of participant under 18