

# RUN, WITTE & BLUE 5K RUN/IMI WALK

ALL PROCEEDS BENEFIT DELAWARE TECHNICAL COMMUNITY COLLEGE OWENS CAMPUS SCHOLARSHIPS FOR VETERANS AND FIRST RESPONDERS

# **POST-RACE COOKOUT** ★ **FAMILY FRIENDLY FUN AND GAMES**

SEPT. 7 2023

#### **5K RUN/1MI WALK REGISTRATION**

5 p.m. ★ Student Services Center

#### WARM-UP

5:30 p.m. ★ Student Services Center Patio

#### **5K RUN/1MI WALK RACE START**

6 p.m. ★ Start Line

**\$25** Adults (*Until Sept. 5, at 6 p.m.*)

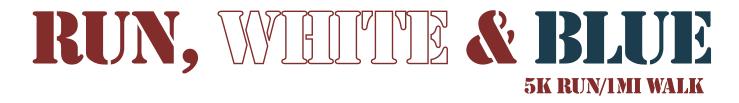
**\$10** All Students, Military, Veterans, and First Responders

(Until Sept. 5, at 6 p.m.)

**\$25** Silent Marcher (Donation)

**\$30** All Late Registration (After Sept. 5, at 6 p.m.)

### **DELAWARE TECHNICAL COMMUNITY COLLEGE | OWENS CAMPUS**



## POST-RACE COOKOUT ★ FAMILY FRIENDLY FUN AND GAMES

WHEN:	Thurso	lav	Sent 7	7	2023.	6	n m	• Rain	or	Shine
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Registration begins at 5 p.m. - Race begins at 6 p.m.

**WHERE:** Delaware Tech, Jack F. Owens Campus • Student Services Center Flagpole

**REGISTRATION:** Adults: \$25 (Until Sept. 5, 2023, at 6 p.m.)

**Silent Marcher: \$25** (Stay home and we'll send you a shirt!)

**Students, Veterans, Military, and First Responders: \$10** (Until Sept. 5, 2023, at 6 p.m.)

**All Late Registration: \$30** (After Sept. 5, 2023, at 6 p.m.) Children under 5 are FREE! (Complete Registration Form)

**AWARDS:** Presented to overall winners and age category winner.

**AMENITIES:** T-shirts and celebration after race guaranteed for all pre-registered runners and walkers.

# ALL PROCEEDS BENEFIT DELAWARE TECHNICAL COMMUNITY COLLEGE OWENS CAMPUS SCHOLARSHIPS FOR VETERANS AND FIRST RESPONDERS

# Three EASY ways to REGISTER

1	Register online at seashorestriders.com.	3	Bring entry form and payment on race day before 6 pm
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2 Complete entry form, enclose payment (payable to Delaware Tech), and mail to Seashore Striders, 9 Gander Lane, Lewes, DE 19958.

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Name: _							
		☐ Military/Veteran/	First Responders	☐ Silent A	Narcher		
Address:							
City:			State:	Z	ip:		
Phone: _		E	mail:			Age (Day of race): _	Sex:
T-shirt Siz	ze: □S □M	□L □XL □2XL	□ 5K Run □ 1	mi Walk	Payment an	nount \$	□ Cash □ Check
Signature							